

Coaching Plain & Simple

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DANMARK

An introduction to Solution-Focused Brief Coaching

Once a week for four weeks. Each of the four modules will be 3½ hours, including breaks.

You earn 14 ACSTH - Approved Coach Specific Training Hours

Dates: 02.11.2022, 09.11.2022, 16.11.2022, 23.11.2022

Time: 9:00-12:30 Central European Time

Includes: coaching tools and one follow-up mentor coaching.

WHAT

Coaching does not have to be complicated and take a long time. Solution-Focused Brief Coaching is shown to be effective and sustainable. Results are easily achieved using surprisingly straightforward tools. If you want to expand your ability to conduct professional coaching conversations significantly, then Solution-Focused Brief coaching offers the ideal tools: exact, effective and highly appreciative.

OBJECTIVES

This online course aims to discover the central elements of brief coaching, implement these concepts and experience the coaching process. In a short time, you will learn valuable tools for your work and gain experience with the benefits of coaching. You can apply what you have learned in this workshop to your daily work the very next day.

TOPICS

- The three basic principles of the Solution-Focused Brief Coaching model
- The individual phases of the coaching conversation
- Practice the essential tools

This training is hands-on with many coaching activities. In between the modules, there will be some simple tasks to do to train the method.

FOR WHOM

This training is for coaches who want to broaden their toolbox and leaders/team leaders who want to gain more efficient interactions in everyday work.

ABOUT

Jesper H Christiansen (PCC) is a highly experienced Brief Coach and trainer. With lots of experience in the national and international environment, he likes to create a unique, light, and intense learning space.

You sign up by sending a mail to Jesper: jhc@solutionsurfers.dk.